



Belmont Primary School News

23 March, 2018

Issue # 04

Coming
Events

**Wednesday
28 March**

BCC Drama Club

**Thursday
29 March**

Easter Parade
Cricket Carnival
Years 5/6

**Friday
30 March**

Good Friday
HOLIDAY

**Tuesday
2 April**

Easter Monday
HOLIDAY

**Tuesday
2 April**

Easter Tuesday
HOLIDAY

Quote of the
Fortnight

“Life is a series of thousands of tiny miracles. Notice them.”

Anon

Dear Parents and Caregivers, Be Brave and Shave—what a wonderful day this was! Thanks to the wonderful ladies who stepped up and helped during the day—Ros, Lilia, Gina, Katherine, Nicki, Erin, Carolyn— your assistance was greatly appreciated. To all parents who contributed to the “pink” morning tea—thank you!

A special “Thanks” to Hellen for being brave and actually shaving Jack and Gina’s “locks” - you did a fantastic job, Mrs Thomas.

And finally—my heartfelt and sincere thanks to the two very brave people who shaved their heads to support this event. Gina and Jack—you are heroes!

To date, we raised \$601 on the day, and along with the online donations we are currently around the \$3 000 mark. What a wonderful effort for such a small school.

Harmony Day—another extremely successful day on Wednesday, with so many different countries and cultures represented through the costumes and foods. Thanks to Mrs Rigby, Miss Lally and Mrs Eldridge for your organisation of this event. It was great to see

so many parents attend, and also wearing their traditional dress.

My sincere thanks to Mrs Kiriwai Munu for sharing her language, dance and movement activity with us all. Very inspirational!

Easter Break—a reminder that school has an extra day’s holiday as part of the Easter Break.—from 30th March to 3rd April with students returning to school on the 4th April. I hope you all enjoy this mini-break and the Easter celebrations.

Easter Egg Raffle—this raffle is being organised by the P&C, but will be run the same as last year with students bringing Easter Eggs to their own class, and the raffles drawn within each class. I’m hoping to win the staff one this year!!!! The raffle will be drawn at our Easter Parade on the 29th March so make sure you have returned your raffle tickets and money to your class.

Easter Parade—we are doing something a little different this year with our parade. Mrs Baldwin has taken on the Art Specialist role, and all students have been making Rabbit masks this term, which will be paraded on Thursday, 29th March, first thing in the morning. I’m looking forward to seeing the wonderful creativity.

Interschool Swimming Carnival—congratulations to all 15 students

who represented Belmont PS on Wednesday at the Interschool Carnival. I have been told that you all represented your school with pride and determination. Congratulations to Sharna on winning the Runner-Up Award.

School Council—our next meeting will be held at 1:30pm on the 4th April. We will be looking at the 2018 budget and our current school plans. Please liaise with your parent representatives if you have anything you would like discussed in this meeting.

Your parent representatives are Rosaleen Lovick; Sana Aziz; Maha Al-Dori; Bernadette Charles; Skye Phillips and Martin Devaney.

Attendance—As it is a legal requirement for all children to attend school every day, teachers complete an attendance roll every morning and after lunch. We are also aware that part of being a child, is to come down with some illness, or maybe have a minor mishap, and we are also aware of family commitments and holiday schedules—especially in Belmont—and that absences are a part of school life. Can I please remind parents / caregivers that a note (written or emailed) or verbal reason is required each time your child is absent from school.

Interesting data—Did you know?

- missing half a day of school each week equates to one month of missed learning each year
- if children miss half a day of school each week between Pre-primary and Year 10, they would miss almost one full year of learning
- the attendance habits set by children when they first start school continue throughout their school life
- learning is cumulative – if children miss a day, it is harder for them to catch up.

After School Pick Up—Can I please

remind parents that school finishes at 3:00pm, and unless you are staying to supervise your children playing on the Senior Playground, then your children should have left the school grounds by 3:15pm. I have noticed a few students hanging around the oval and play areas till nearly 3:30pm before they head off home. Mrs Waters and myself will be monitoring this over the coming weeks, and ask that you remind your child/ren to go straight home after school. Students should only be on the playground equipment under the supervision of their parents. Thanks for your support in this matter.

Bullying: I, in no means, wish to minimize anyone's experience of being bullied, but I thought I would add these definitions from some readings I have done lately.

Rude = inadvertently saying or doing something that hurts someone. From a kids view, rudeness might look like jumping ahead in a line; bragging about their ability; or saying something without thinking. These incidents are usually spontaneous, unplanned or a display of poor manners but not intentional to hurt someone.

Mean = purposefully saying or doing something to hurt someone once (or maybe twice). This behaviour is done with intention and may involve criticising clothing, appearance, intelligence or something they have said. It is often motivated by angry feelings or comparing themselves with someone else to make themselves feel better. Meanness is not acceptable and children should be held accountable for their behaviours which hurt someone emotionally.

Bullying = intentional aggressive behaviour (via technology, social out casting, physically or verbally), repeated over time, that involves an imbalance of power. There is an intent to harm, a power imbalance and repeated acts or threats of aggressive behaviour.

If your child is coming home with any signs of the above definitions, please notify the class teacher so we can deal with the incidents immediately as it is always hard to try and solve problems that relate to last year or even a month ago. Letting us know of these incidents also allows us to compile data on what is happening around the playground, and deal with these issues within classroom lessons.

Thank You—my final “thank you” goes to Mrs Cassie Rowe, MLA, who generously donated a bike to the school to encourage payment of school fees. This was drawn at the “Be Brave and Shave” morning and names of all students whose parents had paid their fees were in the draw.

A big congratulations to Raizel from Room 1 who was the recipient of this wonderful prize. Mrs Rowe is on our School Council and an active supporter of our little school. Your support is gratefully appreciated, Mrs Rowe.

An update—Ms Hoare has informed me that she will be returning to Belmont PS next term., and resuming the roles that Mrs Waters has taken on this term.

Enjoy your weekend—and only 4 days next week before we all have a well-deserved break.

Stephannie Dann.....Principál



Congratulations

Congratulations to the following students who were presented certificates at this mornings assembly.

- Diane O Kindy
- Eric S PP
- Amy C □ Year 1
- Afnan A Year 2
- Mieka S Year 2
- Roman L Year 3
- Evie B-C Year 4

- Sara K Year 4
- Gathik B Year 5
- Connor M Year 6

Class News

Kindy/Pre Primary—Room 1

We have been learning all about our environment and keeping water clean. In physical science we have been learning about how animals and objects move. We are looking forward to Easter Bunny visiting our room.

Year 1/2—Room 3

We have a great time planning and making our Easter themed masks for the parade. We talked about the different materials we could use to decorate with and made decisions based on shape, colour and texture. We can't wait for the Easter Parade!

Year 2/3—Room 4

We have been working very hard in history learning about different celebrations around the world such as Australia Day, Chinese New Year, Winter Olympics, World Water Day and Harmony Day. We also have been looking at how toys and transport have changed over the last 100 years or more. In Geography we have learnt about the 7 continents and 5 oceans.

In Science we have been looking at Push and Pull forces. We had fun with our paper helicopters observing which one would fall to the ground first.

Year 3/4—Room 7

The Year 3/4's have had a great time practicing for their assembly.

We loved having Mr Baillie, our visiting scientist, teach us all about magnetism.

With Jack, our new tennis coach, we have improved our hitting and serving skills

and learning the donkey drop.

In History we have been learning all about the arrival of the First Fleet.

Year 5/6—Room 9

The Year 5/6's have finished planning and begun making our ancient civilizations costumes in preparation for our end of term fashion show.

We really enjoyed our cartoon session with Joffa last week and have been practicing hard with Mrs McDonald for the cricket carnival next week.

Science Corner



Our school has been participating in a Scientist in School program since 2008. Mr Baillie, our scientist, visited Room 7 and 9 to show the students some more activities on magnetism and electrical circuits Mr Baillie will be visiting again next term.

Remember this weekend on 24 March is the Astrofest 2018 at the Curtin Stadium. The event is a great family outing and it is FREE. As well as optical and radio telescopes observing throughout the day and night, Astrofest will feature a myriad of interesting, engaging and exciting indoor and outdoor activities for the whole family.

There will also be many different telescopes to try out, or you can bring your own for some expert advice in getting the most out of it. Bring an early supper and make yourself comfortable in the picnic area.

On Thursday 22 March 3 students from Year Six, Sheza, Lucy and Connor, represented Belmont Primary at the Synergy Solar Challenge at Rossmoyne Senior High School in the semi-final against 10 other primary schools. The Year Six students were the winners of our school challenge last Monday 19 March. At the semi-final all participants were given the materials to build a solar car in a particular time limit and then race it on a 20 metre

track. Belmont Primary had technical difficulties during the race, we were knocked out in the first round. Students had a fantastic time and persevered very well.

On Wednesday 11 April Rooms 3, 4, 7 and 9 are going on an excursion to **SciTech and the Planetarium**. This excursion has been subsidised by the Perth International Airport. They are paying the entry to SciTech and the Planetarium plus helping with the bus fare. Notes are being sent home today. The cost for this fantastic excursion is \$5.50 per student. The day will be a great way to celebrate a fabulous Term One for 2018.



Waste Wise

There is a new box outside Room 3 to enable you to recycle any old mobile phone or phone batteries. The EMRC are supplying the boxes and will collect the box when the batteries are collected.

We have also bought some new recycling boxes for our classrooms to recycle paper and cardboard.

Please keep the used batteries coming to the classrooms to help us win the EMRC Small School battery competition which will end in June 2018.

Fact—By recycling one tonne of paper you save 13 trees, 2.5 barrels of oil, 4100kWh of electricity, 4 cubic metres of landfill and 31,780 litres of water.

Sunsmart



On 22 March it was World Water Day. Students received a bookmark or a shower timer to help remember how precious water is to the world.

Each year, World Water Day highlights a specific aspect of freshwater. The theme in 2018 is 'Nature for Water - explore how we can use nature to overcome the water

challenges of the 21st century.’
Have a look at the video clip on the Water Corporation site.

<https://www.watercorporation.com.au/home/education/events/world-water-day>

Water Wise

Fact—A seagull can drink saltwater as it has special glands to filter out the salt.



Tip



Take shorter showers
About 22% of total household water is used in the shower alone, so cutting shower times is one of the easiest ways to save. Aim for a four minute shower.



Crunch&Sip®

Fruit and vegetables provide fibre, vitamins, minerals and energy to growing bodies.

Primary school-aged children should eat 1 serve of fruit and 2-3 serves of vegetables everyday.

Crunch&Sip® helps children eat the recommended serves of fruit and vegetables.



Make sure you pack fruit or veg for Crunch&Sip® everyday!

Breakfast Club

On Mondays, Tuesdays and Thursdays Mr Ward , our school Chaplain, Mrs Robinson and Mrs Tero run our breakfast club for students before school. Students please come along and have a tasty breakfast.

Breakfast Club!

For all students

Monday, Tuesday, Thursday

8.15 to 8.30am



Kitchen /Garden News

The students from all classes are working hard in the garden. It is very hard work pulling out the weeds. We still have a few more garden beds to get rid of the weeds then we will enrich the soil and then plant ready for our first crop of vegetables. Please come and support your child’s class in the garden this term. We are using this time to work with a Buddy class where half the class is in the garden and the other working on health related topics that integrate with cooking and gardening. The groups then swap the following week. This takes place on a Thursday afternoon from 12.05pm to 3.00pm.

- **12.05pm to 1.05pm Rooms 4 and 7**
- **1.45pm to 2.45pm Rooms 3 and 9**

Mrs Waters- Science Co-Ordinator

HARMONY DAY





Room 3 News

Go Noodle

Room 3 LOVE dancing, exercising and relaxing with **GO NOODLE**.

It keeps us active throughout the day. These movement breaks help us develop strong muscles, attentive listening skills and calming strategies. Go noodle can also be done at home. Why not set up an account today!



Harmony Day

On March 21 the whole school celebrated **harmony day**. In room 3 we talked a

lot about **cultural diversity** and what it means. We decided that we are lucky to live in such a **multicultural** place as there is a lot to learn about everybody's different backgrounds.

EASTER PARADE

We are super excited about the Belmont PS **Easter Parade** on Thursday 29 March. We have been working hard with Mrs Baldwin to design and make **EASTER Themed masks**. We will be wearing them with pride at the parade for everyone to see.



BE BRAVE THE SHAVE



BE BRAVE AND SHAVE - BELMONT PRIMARY SCHOOL

On Wednesday, 14th March, Belmont Primary School students and staff came to school with crazy hair dos, coloured hair, dressed in colours representing the different cancers, ate pink treats and watched in awe as Jack and Gina had their heads shaved to help raise funds for the Cancer Foundation. Jack had decided to do his bit to support his Principal, Ms Stephanie Dann, in her cancer journey after she was diagnosed in August, 2017, with ovarian cancer – and decided to go “bald” to support her. Gina, one of the mums, followed Jack’s example and offered her support as well by shaving off her locks. As part of the deal, Ms Dann took off her head scarf which she had been wearing to school since her hair started falling out, and has not put it back on since the event.

Sincere thanks to the wonderful P&C ladies who donated their time to spray hair, do face painting and provide the wonderful pink treats – a fantastic whole school effort! \$601 was raised on the day, and donations made through the Be Brave & Shave page have seen the total rise to over \$3 000.

You still have time to make a donation through the three website pages.

<https://worldsgreatestshave.com/> - Click on sponsor tab :)

- [Donation link for Ms Dann](#)
- [Donation link for Jack E](#)
- [Donation link for Gina K](#)



TRIPLE P – POSITIVE PARENTING PROGRAM

FREE PARENTING GROUPS – FOR EVERY PARENT

Is this you?

You want to create the happiest home life you can. You may have a few concerns about your child's behaviour – perhaps there's disobedience or you simply want to find out how to set up better routines for mealtimes or bedtimes. Whatever it is, you are interested in learning more about positive parenting and how you can apply it to your family.

If you're ready for a more in-depth look at parenting strategies that really can work, Group Triple P is ideal.

What is Group Triple P?

Group Triple P is for parents of children aged 2 – 12 years old. Each group has about 12 parents, and lasts no more than two hours. You will be provided with tips and suggestions that are relevant to your family, you'll watch scenes showing these ideas working in real life, and be provided with a workbook that you can take away to put into practice at home.

In all, you'll attend no more than five group sessions – the first four should give you the tips you need to start positive parenting. Then, you'll have three weeks to practise Triple P at home. Your Triple P provider will call you every week at a set time to find out how you're doing and offer advice if you're having any trouble. Those calls will last about 15 minutes. Finally, you'll meet up with your group and Triple P provider for one last session.

BOOKINGS AND INFORMATION

COST: FREE

PRESENTERS: Krista Bingham and Helen Bosisto (School Psychologists)

WHERE: Leisurelife (Boardroom) at 34 Kent St, East Victoria Park, WA 6101

DAYS / TIMES: Tuesdays 8:45am - 10:45am

DATES: 4 weekly face-to-face (group) sessions, 3 weekly phone calls and one final group session.

You are required to attend all the group sessions and be available for the telephone consultations.

Positive Parenting
8th May 2018

Helping Children
Develop
15th May 2018

Managing
Misbehaviour
22nd May 2018

Planning Ahead
29th May 2018

Session Five
15 minute phone call
Week 6, Term 2

Session Six
15 minute phone call
Week 7, Term 2

Session Seven
15 minute phone call
Week 8, Term 2

Follow-up Session
26th June 2018

To register your interest for this program, please contact Brittany McCarthy on 0437 548 706 or Brittany.McCarthy@education.wa.edu.au on or before **Monday 9th of April 2018 (Week 11, Term 1)**

Please provide the following information with your registration:

- Name of parent/s attending,
- Contact number,
- Email address,
- School your child/ren attend, and
- Whether you require childcare during the face-to-face sessions.



Places are limited, so early registrations are encouraged!