



# Belmont Primary School News

31 July, 2020

Issue # 10

Coming  
Events

## Tuesday 4 August

Dance Lessons  
continue

## Tuesday 4 August

P&C Meeting  
2pm  
Room 5

## Friday 7 August

Music Assembly

## Tuesday 11 August

Dance Lessons  
continue

## Quote of the Fortnight

“One small  
positive thought  
in the morning  
can change your  
whole day.”

*Dolly Parton*

## Dear Parents and Caregivers,

Thank you to Mrs Baldwin for organising a very successful “100 days at School” celebration day—and to all the teachers for organising some interesting activities for all students to take part in. I enjoy multi-age group work, where our older students can show their leadership skills, and the younger students are involved in the “big school” for the day.

**Dance Lessons:** Tayla (dance teacher) is so impressed with the amazing dance talent we have at our school. Remember to keep Tuesday, 22nd September free for our wonderful dance presentation (6:00–7:00pm). Thanks to all families who have paid for these lessons—remember, it works out to \$5.00 a lesson—which you can pay weekly if needed—just liaise with the front office.

**P&C Meeting**—this will be held this coming Tuesday, 4th August, starting at 2:00pm in Room 5. Please bring along a friend so we can get this committee up and running for the remainder of 2020. Remember—“many hands make light work!”

**Assembly**—our first assembly for this term will be held next Friday, 7th August, and will be a

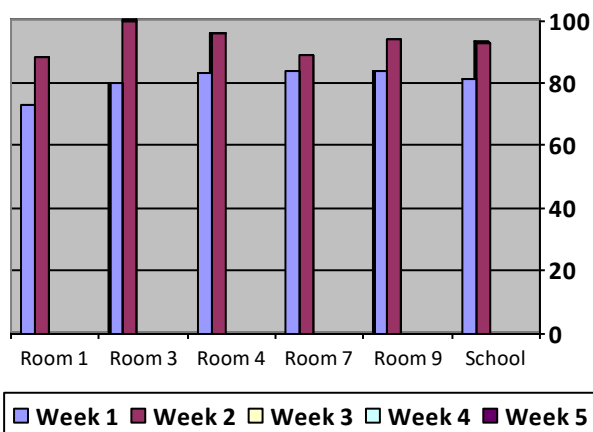
Music Assembly, with a whole school sing-a-long to showcase our wonderful singers. I listened to our choir this morning and they sound simply stunning.

Remember, if you are coming to our assembly, we still need to adhere to the Government’s social distancing requirements, and ask that all parents go directly to the undercover area, using the path between Room 9 and the main building. Your cooperation in adhering to these requests is greatly appreciated.

**Running Club:** Thanks to Mrs McDonald for organising this activity. Remember, it is held on Monday and Friday mornings, starting at 8:00am, and entrance is through the double gates near the oval. I’m sure that all students will have built up their running endurance by the time the Cross Country event takes place on the 20th August.

Mrs McDonald will send further information home in regards to this event.

**Teacher Meeting Appointments:** We welcome, and encourage parents to meet with teachers if you have any concerns in regards to your child’s learning. However, we ask that you liaise with the class teacher to organise an agreed time when you can all meet. This can be done via a note sent with your child, a phone call through the front office or an email.



Congratulations to Room 3 on your 100% attendance this week—and to all the other classes for an improvement in attendance numbers. Great to see!

This newsletter I will be focussing on “arriving late to school”.

When your child arrives late at school, she/he misses the teacher’s instructions and induction to the day. Your child may also feel embarrassed at having to enter the classroom late. Our classrooms are open at 8:30am and during the time till the bell rings at 8:45am, children are preparing for the day ahead, and using this time to talk to the teacher if they need to. It creates a calm and stress free start to the school day.

The following table relates to the amount of daily instruction/teaching time a child misses over the year.

Minutes late per day during the school year	Equals days’ worth of teaching lost in a year
5 minutes	3.4 Days
10 minutes	6.9 Days
15 minutes	10.3 Days
20 minutes	13.8 Days
30 minutes	20.7 Days

So, whilst getting to school 5 minutes late doesn’t seem to be a big deal, that small amount of time actually equates to nearly 4 days of missed instruction / teaching time in the year.

I know it’s only 3rd term, but we are required to send in our projected numbers for 2021 by the end of next week. If you know that you will not be returning to Belmont PS next year, can you please let us know (this can be done in confidence!) This does not include our Year 6 leavers!

*Stephanne Dann.....Principál*

## Office News

### Visitor Sign In / Sign Out

Please remember that all visitors/parents on school premises must sign in when entering and sign out when leaving.

This is also a requirement for all parents who are here for teacher meetings.

Thank you.

### School Accounts

All contributions and payments may be paid by Direct Deposit, Eftpos or you may phone the office with credit card details and we can process for you.

Direct Deposit details;

**BSB:** 066 040

**Account #:** 19901797

(Please put your child’s name in reference)

A big thank you to all the families who have already paid ☺

## Science Corner



### Young Engineers Club

The Young Engineers club is starting on 20 August 2020. We have 2 enrolments so far and need 8 more to have the workshop to run. Thank you to those who have already taken up the offer. Notes were sent home last week. To register and pay you must go through Young Engineers. If you booked last time, please contact Young Engineers for your refund and then re-enrol for this term.

- <https://www.trybooking.com/birpd>
- Phone 0406542912 (Chee Wong)

This term all classes from K to 6 will all be working on Biological Science topics from the Primary Connection Program. This Program is aligned to the Australian and Western Australian Science Curriculum. Topics for this term include Staying Alive, Dinosaurs and More, Watch it Grow, Among the Gum Trees and Rising Salt.

Congratulations to our Year 5's, Khadija, Sari and Sania who have been chosen to be part of the enrichment science program EPIC Science at Belmont City College on a Monday afternoon after school for term 3.

### Crunch&Sip®

Remember to bring your water bottles to school and fill them early in the morning before school and refill at lunch time.

## Don't forget Crunch&Sip® in the school bag every day...

CRUNCH:

- ✓ Easy-to-eat seasonal fruit such as a small apple, a container with hulled strawberries, a mandarin or banana OR
- ✓ Canned fruit in natural juice with a spoon OR
- ✓ Vegetables such as carrot or celery sticks, cherry tomatoes or snow peas

AND SIP:

- ✓ A clean, clear water bottle filled with plain water

Crunch&Sip® is a set break for your child to eat fruit or salad vegetables and drink water in the classroom.

[www.crunchandsip.com.au](http://www.crunchandsip.com.au)



### Sunsmart

Remember you can still get sunburnt on a cool or cloudy day, so Slip! Slop! Slap! Seek! Slide!

### Waste Wise

We need to keep bringing used batteries to your classroom to be placed in the jar so they can be weighed by room 9. This is an on-going activity throughout the year. Let us see if we can try and win the small schools competition, so keep bringing in the batteries.



Also if you have any other items that you would like to recycle please bring them to the Recycle Centre.

We thank you for your support.

*Fact*—Steel cans and steel scrap are recycled into new steel products including structural steel, bolts and nuts, coat hangers, and more steel cans.

### Water Wise.

*Fact*—75% of people are chronically dehydrated.

Winter Sprinkler Ban

A permanent winter sprinkler ban applies to all scheme and bore water users in Perth, Mandurah and some parts of the South West and Great Southern from 1 June to 31 August each year.

Switch to a water efficient showerhead

Switch to a WELS 3 star or above water efficient showerhead. By switching to a water efficient showerhead you can reduce your shower water by a quarter.

Carolyn Waters—Science Teacher



## Music News

During Music Classes we have been adhering to the medical advice put out by the COVID team through the Department by ensuring good hygiene practises with our cleaners regularly cleaning our drums, piano, keyboard and other instruments.

We have been working on improvisation and composition by the children creating their own rhythm and pitch combinations using a limited range of notation.

Using the keyboard we have been exploring the different backings, instrumentation and styles of music, by adding the chords of C Major, F Major and G Major, and improvising over them using notation from the relative Pentatonic scales.

The children have been writing their own music scripts using the five lined music staff, time signature, bar lines, and the Treble Clef, with combinations of crochet and quaver notes. We are working through each child performing their written work on the keyboard and changing up the melody and rhythm to create their own unique performances.

We have seen some sensational drum work from each Year level, with their ever improving skills in technique, rhythm, tempo, dynamics and performing together with perfect timing, team work, pieces, with ever increasing challenges and complexities. The African song/piece 'Griot' is one of the performances we are working on and it shows beautifully, the children's amazing achievements and advancing skills in this area of music learning.

A variety of Music games have been enjoyed across the Year Levels, supporting the lesson content and the expected outcomes. The children have particularly enjoyed these activities.

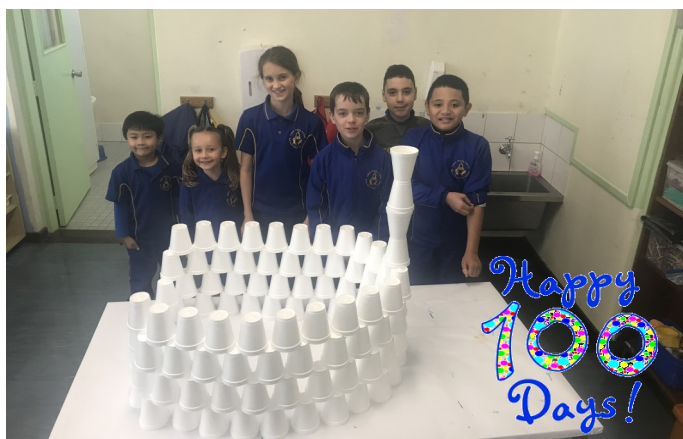
Singing has been enjoyed by each year level, and has provided a relaxing element to each lesson, giving the children the opportunity to unwind and sing as a community. We have learned some wonderful songs and at the next Assembly we will be performing two of them. You are most welcome to come along and support and appreciate the children's efforts.

We hope to see you at our next Assembly .

*Margaret Alban*  
*Music Specialist Teacher*



## 100 Days of School



The winning group has been announced for the STEM cup challenge. There were so many fabulous entries and I am so proud of every group who built a structure using 100 cups.

The winning group's photo is above. They built the Perth Stadium which is pretty close to the Scorchers' member's heart.

It was a very hard decision and congratulations go to all groups for having a go, and to the winning group.



Observing mealworms



Observing trees



Extracting seeds from gumnuts





Term 4 term 1 in Belmont

**Come & Try Day**  
**Saturday 19 September**

**Middleton Park 2-4pm**  
**Garvey Street, Cloverdale**

FACE THE BOWLING MACHINE | TRY THE GEAR  
MEET THE COACHES | ASK QUESTIONS | ALL WELCOME

**Registrations Now Open at**

[www.ascoteaglesjcc.com.au](http://www.ascoteaglesjcc.com.au)

**Cricket for girls and boys 5 to 17 years**  
**NEW CRICKETERS WELCOME ALL AGES**

KidSport pays fees for Health Care Cardholders  
- All equipment supplied -

e: [president@ascoteaglesjcc.com.au](mailto:president@ascoteaglesjcc.com.au)

f @aejcc i @ascoteagles



**Ascot Eagles**  
**Junior Cricket Club**



**STARTS:** Thursdays (starts Aug 20<sup>th</sup> 2020)  
**TIMING:** 3:15pm-4:45pm  
**WHERE:** BELMONT PRIMARY (SCIENCE LAB)  
[TERM 3 DATES: AUG 20, 27; SEP 3, 10, 17, 24]



**MORE INFO & REGISTER >>**  
[HTTPS://WWW.TRYBOOKING.COM/BIRPD](https://www.trybooking.com/BIRPD)

(Please contact us on 0406 542 912 if you have any questions.)

**OUR AIM:**

Ignite a student's passion for science, technology, engineering and mathematics (STEM) using LEGO® bricks and robotics.  
Learn | Design | Experiment | Imagine



Government of Western Australia  
Child and Adolescent Health Service



**Triple P - Positive Parenting Program®**

A FREE program that teaches practical and effective ways to enhance family relationships and manage common child behaviour issues.

**Who is this program for?**

Parents, carers and/or grandparents of a child aged between 3 and 8 years.

**What is involved?**

- **Seminar Series** – 90-minute talks on:
  - children's behaviour
  - the tough part of parenting
  - raising confident children
  - raising emotionally resilient children.
- **Discussion Group** – small, 2-hour groups:
  - misbehaving
  - fighting and aggression
  - bedtime routine
  - hassle-free shopping with children.
- **Group Triple P** – 8-week parenting course.



**Program details:**

Triple P Seminar Series commencing Friday 11th September 2020  
3 Sessions (Friday): 11th September, 18th September & 25th September 2020

The Rise-Maylands  
ADDRESS: 28 Eight Ave, Maylands WA 6051  
TIME: 9:30am-11:30am

**How do I book?**

Ask your child health nurse or visit [healthywa.wa.gov.au/parentgroups](http://healthywa.wa.gov.au/parentgroups).



To help us all stay healthy, please remember:  
• Practise physical distancing.  
• Do not attend if you are feeling unwell or need to self-isolate.  
If you need to cancel your booking, contact the **Child Health Booking System** on 1300 749 869 (metro only).

**Please note:**

Unless there is a crèche advertised, only babies under the age of 6 months can attend this group. However, we welcome babies who need breastfeeding during the session. DO NOT bring hot food and drinks for safety reasons.

This document can be made available in alternative formats on request for a person with a disability.

June 2020 CAH-001009\_TripleP





# Belmont Primary School Running Club!

Come along and join us each **Monday** and **Friday** to build our physical fitness and sustained running endurance, while having some **fun!**

8:00am – 8:25am on the oval

*Weather Permitting*

*Only students who are actively participating will be allowed on school site before 8:30am*

Students in Years 3-6 are strongly encouraged to attend, but all ages welcome! There will be toast available after the session for those who have worked up an appetite.



**I FELT UNSTOPPABLE!**



**I FELT SO-SO**



**I FELT AWESOME!**



**I FELT TIRED**



Please see **Mrs McDonald** for any further information!



