



# Belmont Primary School News

22 October, 2021

**Issue # 15**

**Coming  
Events**

**Friday  
29 October**

Assembly Room 1  
Teachers' Day  
Spooky Dress Up

**Tuesday  
02 November**

BCC Combined  
Junior Band—  
10.30am

**Wednesday  
03 November**

Barking Gecko  
Excursion  
Rooms 7 and 9

P&C Meeting  
1.30pm

**Quote of the  
Fortnight**

"Nothing is  
IMPOSSIBLE.  
The word itself  
says "TM  
POSSIBLE."

*Audrey Hepburn*

**Dear Parents and Caregivers,**

Another fantastic start to the school term—last one for 2021!

Thank you, everyone!

What a busy term we will be having. A term planner was sent home at the end of last term—I hope that you have placed this on your fridge for easy access and to remind you of what is happening.

All teachers will also be sending class updates each week, via Connect, to let you know what has been happening in the classrooms, and different events the class will be involved in.

**Faction Sports Carnival**—by the time you read this newsletter, our Faction Athletics Carnival will be finished. Thanks to Mrs McDonald for your organisation and to all staff for their support and assistance as required.

A big congratulations to all students for their efforts and participation, and to our Champions and Runners-Up.

**Teachers Day—29-10-2021**

This is celebrated on the 29th October. At Belmont PS, we acknowledge the work by all our staff members—from Principal to Deputy Principal to Office Staff to Teachers to to Education Assistants to Cleaners. Students will be able to give staff members an "Apple"

to say thanks for all the work they do. These "apples" will then be displayed around the hallways for all to read. Parents who wish to also pass on their thanks and appreciation for the work our staff do, please ask your child to bring home an "apple" for you to write on.

**Room 1—K/PP** will be running the assembly on the 29th—I'm looking forward to seeing our little ones perform and present their assembly. It's fantastic to see how much they have grown—not just physically—but also in confidence and ability over the year.

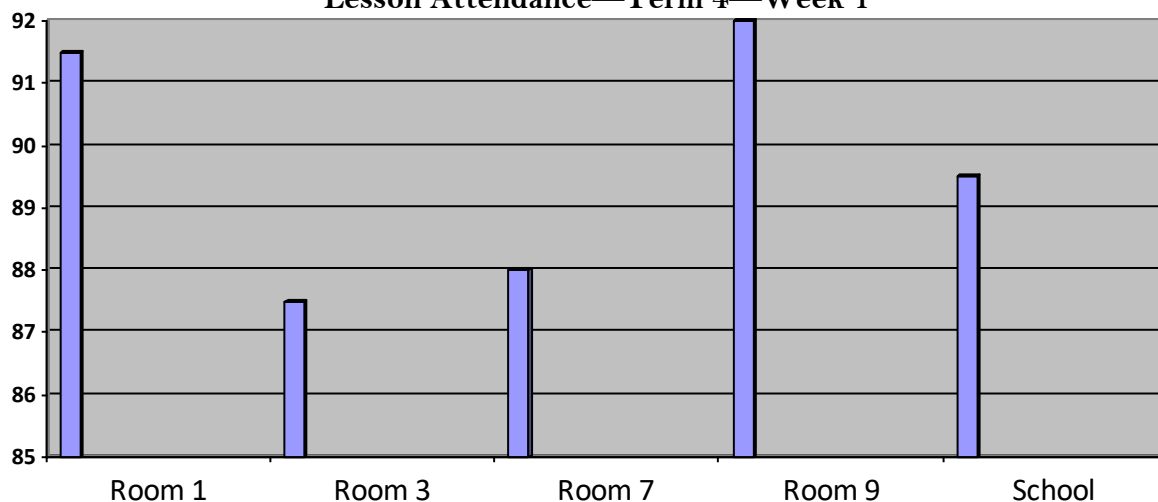
**Incursions:** Mrs Waters has organised lots of visitors this term to add to her wonderful Science Program. We had the Water Wise Incursion today, followed by the Recycling Incursion on the 10th November and then the Earth WA Incursion on the 25th November. Thanks to Mrs Waters for organising all of these events.

**Swimming—Weeks 5 & 6:**

There is an expectation that all students from PP to Year 6 will attend the Swimming Lessons, unless they have a medical condition which precludes them from swimming. Please return your forms and payment as soon as possible—only two more weeks before our lessons start!

Here's to a sunny and warm weekend. Until next time—stay safe and happy.  
*Stephanne Dann—Principal*

Lesson Attendance—Term 4—Week 1



Week 1 Week 2 Week 3 Week 4 Week 5 Week 6 Week 7 Week 8 Week 9 Week 10

## Office News

### Payment of School Accounts

Term 4 is drawing to a close fast. Please pay your outstanding accounts as soon as possible.

We would like to give a huge THANK YOU to the families who have already paid.

1. We have Eftpos facilities in the office for your convenience.
2. We also have Direct Deposit facilities, **BSB: 066 040 Account #: 19901797 Ref: Your child's name.**
3. Or you may pay by cash.



## Science Corner

This term all classes from K to Year 6 will all be working on Earth and Space Science topics from the Primary Connection Program. This Program is aligned to the Australian and Western Australian Science Curriculum. Topics for the term include Weather in my World, Changes all Around, Night and Day and Earth's Place in Space.

We are will be having three incursions this term which are free.

1. **21 Oct**—National Water Week  
K—2 Conservation of Water  
3—6 Water and Aboriginal Culture.
2. **10 Nov**—National Recycling Week.  
K—6 Rubbish today, Resource tomorrow.
3. **25 Nov**—Australian Earth Science.  
K—2 UV beads and sandpit mining.  
3—6 Fossils.

### Waste Wise

Please bring in your used batteries and place in the class container.



Also if you have any other items that you would like to recycle please bring them to the Recycle Centre which is located outside Room 3. We need clean washed milk cartons, large plastic lids, wool and small plastic water bottles.

*Fact*—41 recycled plastic bottles represent enough energy savings to run a refrigerator for an hour. To run for a month, it requires a tonne of plastics to be recycled.

### Sunsmart



As part of our Sunsmart policy students need to wear a hat that covers their ears, i.e. a legionnaire style, bucket/surfie style (6cm

brim) or broad-brimmed (7.5cm brim) hat during **all 4 terms of school**. The school hats are available to purchase at the Uniform Shop. They will need their hat for recess, lunchtime, physical education, gardening, Sports carnivals, any classroom activities that are taken outside and excursions.

Tip- Remember you can still get sunburnt on a cool or cloudy day, so Slip! Slop! Slap! Seek! Slide!

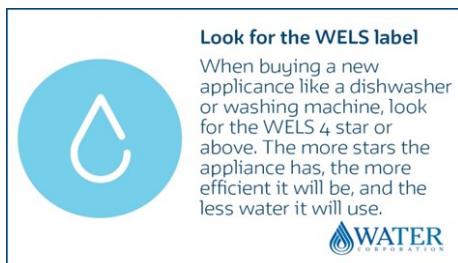
### Water Wise.

This week is National water week and the theme is Caring for Water and Country.



*Fact*—A mere 2% drop in body water can trigger fuzzy short-term memory, trouble with basic math, and difficulty focusing on the computer screen or on a printed page.

*Tip*



### Crunch&Sip®

Remember to bring your water bottles to school and fill them early in the morning before school and refill at lunch time.

#### Crunch&Sip®

##### How many serves of vegetables do children need?

Primary school aged children need between 4 ½ and 5 ½ serves of vegetables every day. A serve of vegetables is:

- 1 cup of raw vegetables
- ½ cup of frozen or cooked vegetables
- ½ cup of beans, peas or lentils

Choosing vegetables for Crunch&Sip® is a great way for kids to get in an extra serve each day.



*Mrs Waters—Science Teacher*



## P&C News

Don't miss out on the 2021 Self-Portrait Commemorative Tea Towel!

All our students have contributed a gorgeous mini self-portrait for inclusion on a 2021 whole-school tea towel.



Beautiful for your home, a lasting memento in your child's keepsake box, a meaningful and practical gift to grandparents and close family friends, and a perfect and lightweight gift to post to far away loved ones!

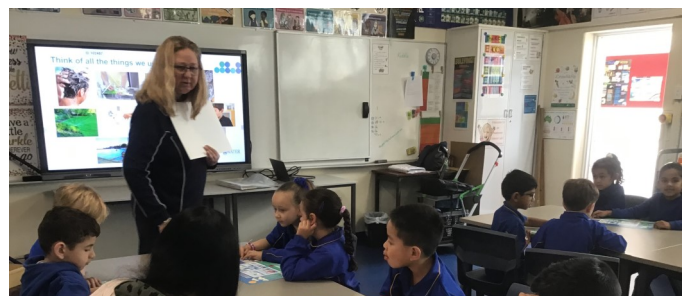
- 1 tea towel for \$11
- 2 tea towels for \$20 (save!)

**Online Store**—Choose Belmont Primary School on the website below and order & pay online.

[www.expressions.com.au/pages/fundraising-schools](http://www.expressions.com.au/pages/fundraising-schools)

**Cash Orders**—Place cash with name, room, and contact number in an envelope in the P&C mailbox outside the school office.

*Your P&C*





## Room 3 - News

## Outside Learning

Room 3, year 1/2 have been busy learning how to tally, record and present information they have gathered. This term, we decided to move our maths lesson outside, so we could have a go at putting this learning into "real" practice and so we decided to record the different types of transport that went past our school on Great Eastern Hwy.

First, in class we had to decide on what we would look for and record. After a discussion, we decided on trucks; motorbikes; vans; emergency vehicles, taxis, buses, limousines and bicycles.

Then we took our pencils, paper and clipboard and went and sat on the limestone wall to watch the different transport going past. It was very exciting watching and recording what was travelling along GEH and sometimes we got so excited we actually missed some!!

Then back in class, we added up our tallying information and then presented this information as a bar graph.

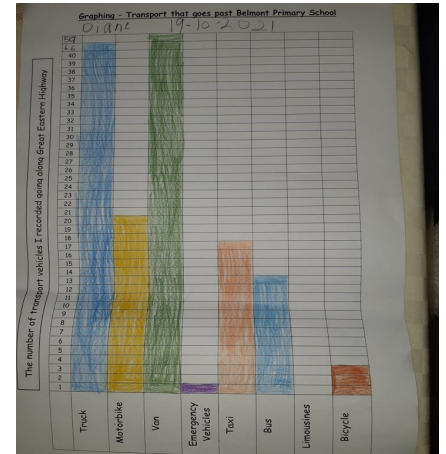
After discussion, the students were very surprised to see that vans and trucks were the highest types of transport that we recorded going past and they were disappointed that we didn't see any limousines.

It was great to be able to take our learning outside our classroom and we hope as the weather is getting better, we will do some more of our lessons outside in our beautiful school environment.

### Visitors to Room 3

This week Mrs Baldwin brought in some silkworms for us to observe and learn about. We learnt that silkworms only eat mulberry leaves, and they like to eat lots!! Thankfully we have a couple of Mulberry Trees at BPS, so we were able to give them fresh leaves every day. We watched as the silkworms spun their beautiful yellow cocoons and we hope soon that we will see them come out as moths and lay their eggs.

Mrs Baldwin and Mrs Lally—Year 1/2 Teachers

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## Belmont Primary School Kitchen Garden (BPSKG)



(Click on link above to view on website).

Hello my fellow **Garden Green Thumbs!**

Here are a few tips for you this fortnight.

### National Gardening Week

#### Garden Clubs of Australia

Visit your local garden club Look up your local club (The Garden Clubs of Australia can assist with locating) and go along to a meeting.

Garden clubs are always looking for new members and offer everything from guest speakers, trading tables of interesting plants, floral displays, day outings and overnight trips – all with a cup of tea and yummy treats.

[gardenclubs.org.au](http://gardenclubs.org.au)

## **GARDEN YOGA FOR KIDS**



### **Pretend to be a tree**

Tree Pose: Stand on one leg. Bend the other knee and place the sole of your foot on your inner thigh. Sway like a tree in the breeze. Now the other side.



### **Pretend to be a frog**

Squat Pose: Come down to a squat with your knees apart and arms resting between your knees. Touch your hands to the ground. Jump like a frog.



### **Pretend to be a seed**

Child's Pose: Sit back on your heels and bring your forehead down to rest on the floor. Pretend to be a seed in the garden.



### **Pretend to be a butterfly**

Cobbler's Pose: Sit on your buttocks with a tall spine. Bend your legs with the soles of your feet together. Flap your legs like the wings of a butterfly.



### **Pretend to be a flower**

Flower Pose: Lift your bent legs, balancing on your sitting bones. Weave your arms under your legs, palms up. Pretend to be a flower in bloom.



Here's a few ideas and activities that we have come up with to celebrate National Gardening Week.

### **Herbs in the garden or planted in pots**

Herbs are easy to grow and useful in the kitchen – plant up a sunny spot in the garden or gather a collection of pots and enjoy the flavours!

### **Recycle/upcycle quirky containers**

Old paint tins, tool boxes, gum boots, shoes make great herb pots or succulent displays.

### **Create unusual signage in the garden or veggie patch**

Use some old bricks, pavers, roofing tiles, rocks and waterproof permanent marker or paint to make unique markers for your veggie or herb patch.

### **Make a scarecrow**

Lots of fun for a classroom activity or rainy afternoon with the kids and a decorative feature in the garden!

### **Put in a Birdbath**

Birds love a drink and somewhere to splash about especially in our hot and dry summers. Buy a birdbath or let your imagination go wild and create your own.